



The Grosvenor Park  
C of E Academy

**A voice for every child.**

*'No barriers – No boundaries – No limits'*

At Grosvenor Park Academy our vision, built on Christian values, is to be a dynamic community that enables our children to flourish. We will encourage, challenge and inspire our children to exceed their own expectations. Our community will demonstrate love, care and respect to all, regardless of their religious and ethnic background.

## **Sex and relationships policy**

This policy is a statement of the aims, principles and strategies for teaching and learning of Sex and Relationships (SRE) at the Grosvenor Park C of E Academy (GPA).

This policy is rooted in the SMSC policy and reflects the school's vision statement.

### Rationale

At GPA we understand the importance of quality SRE and why starting this with young children is an important part of a process to create informed young adults capable of making choices regarding their sexual health and relationships.

The SRE programme reflects the school's ethos and demonstrates and encourages the following values:

- Respect for self and others
- Inclusion
- Partnership
- Celebration of difference and diversity

Our school's ethos is established in the close relations built with our whole school community and beyond into the local community. School Council, staff and parental involvement are crucial in the development of a corporate sense of shared community and values.

### Aims

SRE at GPA aims to provide opportunities for pupils to develop the skills, knowledge and understanding they need to lead confident, healthy, independent lives and become informed and active citizens. Teaching and learning aims to take place in an accepting and honest environment which enables all children to contribute.

### Objectives

- To raise children's self-esteem and confidence, particularly in their relationships with others.
- To raise awareness and confidence in talking, thinking and listening about feelings and relationships.
- To enable children to develop the ability to understand the consequences of their actions.
- To develop children's knowledge about healthier and safer lifestyles in order that they are able to make informed decisions.
- To enable children to develop their skills in language, decision making and assertiveness.
- To provide information about available support.
- To encourage children to value themselves and others and to understand and celebrate difference and diversity.
- To develop children's knowledge of their body and the physical and emotional changes that occur as they grow up.
- To prepare children for these changes.

### Content

Sex and Relationships Education has three main elements:

- Attitudes and values
- Personal and social skills
- Knowledge and understanding

## Delivery

SRE is taught as an integral part of our school's SMSC provision from Reception to Year 6. In this way children are able to develop their ideas, knowledge and skills gradually and appropriately.

- The teaching of SRE is carried out by teaching staff and supported by teaching assistants.
- Visitors are also used to develop and support our SRE programme.
- The scheme of work used at GPA has been developed by the staff and is based on the Christopher Winter Project scheme. It has a cross curricular approach.
- Commitment is given to whole school planning and SRE provision is for all.
- SRE is taught at levels appropriate to the age of the children and the content may be subject to change. Parents will be informed of the content of SRE.
- Active learning methods are utilised which encourage full participation. Care is taken to ensure that children's needs and sensitivities are dealt with appropriately at all times.
- Teaching and learning of SRE takes place through whole class, group and individual work. Children are mainly taught in mixed sex groups.
- Resources include books, posters, CD ROMs and videos.

## Ensuring progress and continuity

- A cycle of topic plans is used by staff and are carefully balanced to ensure full coverage of the National Curriculum.
- Detailed schemes of work, based on Christopher Winter Project, are developed by the co-ordinator and staff.
- SRE coverage and implementation is reviewed by all staff annually.
- Co-ordinators for the SRE, science and SMSC curriculum will liaise to ensure SRE is being taught effectively and will report to the head.

## SRE for All

GPA is committed to working with parents as part of its ethos and work towards being a healthy school. Parents can, under section 405 of the Education Act of 1996, withdraw their child from SRE as long as it doesn't compromise their entitlement to the statutory requirements of the National Curriculum. Parents wanting to exercise this right are invited to speak to the Head of School.

**Date Agreed – Sept 2019**

**Review date - Sept 2020**