

"People say 'it's just a shoebox' but it isn't. It tells that child someone, somewhere, has done this for them; that someone cares about them."

Dave Cooke Founder

.		
BOY		
3-5 years		
6-11 years		HOME
12+ years		
GIRL		
3-5 years		
6-11 years	(m)	
12+ years		

Changing lives, one box at a time...

What to do:

Just love from me to you – each shoebox is given out in deprived communities in Eastern Europe bringing joy and excitement into an often bleak existence.

- 1. Use our Flat-pack OR Find an empty shoebox preferably medium size. If needed, wrap the lid and the box separately in Christmas paper.
- 2. Boy, girl or home? Choose who you'd like your box to go to and fill out the label. Please stick to the front of your shoebox lid. Additional labels can be downloaded from our website if needed.
- 3. Personalise your shoebox take a look at the list of gift ideas in this leaflet. More ideas are also available online. Please do not include anything from the NO list.
- 4. Make your donation please complete the attached form in this leaflet and enclose it in the envelope provided along with the recommended donation of £2.50 and place inside your shoebox. You can also make your donation online at www.teams4u.com. Any contribution will help us to deliver your boxes to the children so please don't forget this crucial donation, thank you.
- 5. Drop off your shoebox please close your box with an elastic band and take to your nearest collection point. Please remember to check the collection dates in your local area.

For information on appeal dates and drop-off points please either ring **01978 310110** or visit our website.

WOUND INKE TO MEID CHAINGE CHIINTEN S INVES enclose my donation of £ [] . [] (cash or cheque). Please make cheques payable to Teams4U.	online please write your donation reference here:	Make every £1 worth 25p more and Gift Aid your donation (e.g. a £2.50 donation becomes £3.12) *I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference. Yes, please Gift Aid my donation	Cinnature Cinnature
l enclose my donation of £	If you choose to donate online please write your donation reference here: [if donating more than one shoebox, you can use the same donation reference for all your boxes. If y	Your name (first and last): Address: Address: Town:	Postcode:

What can go in my shoebox?

Please choose a selection of items from those suggested below – this is not meant to be an exhaustive list (more ideas are available on our website) but please do not include anything from the 'NO' list.

For boys or girls:

Toothbrush & toothpaste, hair accessories/brush, soap & face cloth, stationery & paper, gloves, hat & scarf, new socks/underwear

Please also include:

A soft toy, game, puzzle, small musical instruments, toy vehicles, small rubber ball/inflatable ball, sweets (use by date from March), a photo of yourself.

The Home box:

Candles, cooking utensils (no knives), *plastic containers, t-towels (preferably decorative), hairbrush, small toiletries, plastic utensils, bowls & cups, small Christmas decoration, small decorative item, soap, washing up cloths, clothes pegs, headscarves, new socks/underwear, jewellery, make-up.

Please DO NOT include:

Food (only exception is sweets), medicines, military themed items (such as toy soldiers/tanks/guns), aerosols or anything highly flammable, sharp items, novels.

Looking for more ideas?

Please visit our YouTube channel to watch videos of example shoeboxes being made.









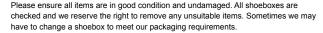








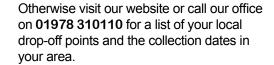






Please be aware each area has its own collection dates and drop-off points. Please drop off your box here by the date given:

Schools/Groups please write/stick/stamp your deadline and drop-off point here:



www.teams4u.com

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real people making a real difference